ILSI Japan

The 8th International Conference on Nutrition and Aging

Realization of a Society where Healthy Life Expectancy Approximates Overall Life Expectancy

55%   72%

Date :
October 1 (Tue) - 2 (Wed), 2019

Venue :
United Nations University,
The U Thant International Conference Hall
5-53-70 Jingumae Shibuya-ku, Tokyo Japan 150-8925

Organizer :
International Life Sciences Institute Japan (ILSI Japan)

Co-organizer:
ILSI Europe, ILSI Southeast Asia Region

Language :
Japanese, English (Simultaneous interpretation)

Fee:

		After August 1 (Until July 31)
Members :	JPY 25,000	(JPY 20,000)
Non-Members :	JPY 30,000	(JPY 25,000)
Students :	JPY 7,000	(JPY 5,000)

Registration:

Fill in the registration form and send to the registration office by September 15, 2019.

Registration Form 📌

Registration Office of the 8th ICNA
c/o JTB Communication Design, Inc.
E-mail: 8thicna-reg@jtbcom.co.jp

Conference Objectives

According to the "Extension of healthy life expectancy and reduction of health disparities" proposed in the "A Basic Direction for Comprehensive Implementation of National Health Promotion" report from the Ministry of Health, Labour and Welfare released in 2012 and the "2030 Agenda for Sustainable Development"「Sustainable Development Goals (SDGs)」adopted at the United Nations Summit in September 2015, this 8th conference will focus on how Japan, which is the first country to become a super-aged society, aims to utilize knowledge from the field of nutrition and aging to realize "Extension of healthy life expectancy" while also considering all Asia and how this can be used to benefit all countries.

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Session 1 will review the 30 years of nutrition and aging research and consider the current status of "Health Japan 21" being promoted by the government including international comparisons. In Session 2, ILSI Japan will present a summary of the findings presented at the symposium on functional food genomics (The University of Tokyo Endowed Chair), the healthful diet research committee, and the Symposium on Fusion of Nutritional Science and Exercise Science. In Session 3, "Future of Healthcare Approached by Precision Nutrition", new research and implementation of new promising technologies and data science such as artificial intelligence (AI) and big data targeting diet, nutrition and exercise essential for human well-being will be discussed. The proceedings will be published in a special issue of English Journal in order to make these findings available internationally.

PROGRAM

10.1 / [DAY 1]

Opening Remarks — Teruo Miyazawa, Chairman, ILSI Japan

Session 1 : Overview

Title	Chair	Speaker
Redesigning Community for Aged Society	Chair : Mutsuo Iwamoto	Hiroko Akiyama Ph.D. — Emeritus Prof., of The University of Tokyo, Director of Co-Creation Center for Active Aging Japan
History of Nutrition Policy in Japan		Tokuaki Shobayashi M.D., Ph.D. — National Cancer Center, Japan
Health Japan 21 (second term) Current Status and Issues	Chair : Hideo Tsujimura	Ichiro Tsuji M.D., Ph.D. — Prof., Tohoku University, Japan
International Research Developments Focus on Human Variation in Response to Food and Nutrients		Richard Head Ph.D. — Emeritus Prof., University of South Australia Cancer Research Institute., Australia
Panel Discussion		Moderator: I. Tsuji, M.D., Ph.D., Members: All Speakers of Session 1

Session 2 : ILSI Japan Activities

Title	Chair	Speaker
Healthful Diet Research Committee	Chair : Teiji Nakamura	Takuji Yasukawa — President, ILSI Japan
Healthful Diet Research Committee (Definition of Healthful Diet)		Satoshi Sasaki M.D., Ph.D. — Prof., The University of Tokyo, Japan
Healthful Diet Research Committee (Present situation and perspective of take-away food/meal suppliers)		Takashi Sakata Ph.D. — Prof., Ishinomaki Senshu University, Japan
Healthful Diet Research Committee (Social implementation)		Tamotsu Kuwata Ph.D. — Prof., University of Human Arts and Science, Japan
Overviewing the Accomplishments of the University of Tokyo Endowed chair "Functional Food Genomics"	Chair : Fumiaki Abe	Keiko Abe Ph.D. — Prof., The University of Tokyo, Japan
Sports Science and Nutrition		Motohiko Miyachi Ph.D. — National Institute of Health and Nutrition, Japan
Panel Discussion		Moderator: M. Miyachi Ph.D., Members: All Speakers of Session 2

10.2 / [DAY 2]

Session 3 : Future of Healthcare by Precision Nutrition

Title	Chair	Speaker
Keynote	Chair : Takuji Yasukawa	Hiroaki Miyata Ph.D. — Prof., Keio University
Data Science and Precision Healthcare	Chair : Keiichi Abe	Seiya Imoto Ph.D. — Prof., The University of Tokyo, Japan
Personalizing Nutrition for Healthy Aging		Jose Ordovas Ph.D. — Prof., Tufts University, Director Nutrition and Genomics, Prof Nutrition and Genetics, JM-USDA-HNRCA at Tufts University, USA
Gut Microbiome and Nutrition	Chair : Jun Kunisawa	Doris Vandeputte Ph.D. — Department of Microbiology and Immunology KU Leuven, Belgium
Harnessing the gut microbiome to promote metabolic health		Niv Zmora M.D., Ph.D.** — The Weizmann Institute of Science, Israel
Biomarker Amino Acid	Chair : Shigeru Taniguchi	Takeshi Kimura Ph.D. — Adviser, Ajinomoto Co., Inc. Japan
Physical Activity and Dissemination Science		Masamitsu Kamada Ph.D. — Assistant Prof., The University of Tokyo, Japan
Chronobiology: Biological Clock and Circadian Rhythms in Humans		Yujiro Yamanaka Ph.D. — Associate Prof., Hokkaido University, Japan
Panel Discussion		Moderator: H. Miyata Ph.D., Members: All Speakers of Session 3

Closing Remarks — Takuji Yasukawa, President, ILSI Japan

** Dr. David Zeevi has been changed.