

A Summary of the 15th International Congress of Dietetics and Efforts by Companies

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< Summary >

The International Confederation of Dietetic Associations (ICDA) organizes the International Congress of Dietetics every four years. The 15th International Congress of Dietetics (ICD 2008) was held in Yokohama for four days from September 8 to 11, 2008. ICD, a congress for practical and clinical dietetics combined with policies, addresses global food and nutritional issues, facilitates information exchange between countries, and seeks solutions to problems. Under the theme of “Global Dietetic Linkage and Cooperation for Human Health”, twelve educational lectures, about 40 symposiums and workshops, and more than 700 studies were presented. As a bronze sponsor, Kao Corporation co-sponsored a luncheon seminar, exhibitions by companies, and the “Obesity and metabolic syndrome” symposium.

Attended by more than 4,600 people from 57 countries, which was the second largest number of participants ever, the congress was very successful. I am sure that nutritionists, particularly those from Japan, have gained valuable experience from participating in this international congress held in Japan, which will help them define their goals as nutritionists.