

**The Report of the Joint Open Seminar of ILSI Japan and NNFA Japan
“From the Perspective of Epidemiological Data, Relationships between Nutrition
and Cognitive Function”**

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< Summary >

Dr. Martha Clare Morris (Rush Inst. Healthy Aging, Chicago, U.S.A.) made her presentation for “Nutrition and the Aging Brain” at the joint open seminar of ILSI Japan, NNFA Japan and National Institute of Health in Nutrition on September 4, 2007. This report is the brief introduction for her presentation there.

From the perspective of epidemiological data, she mainly stressed the relationship between certain nutrients and Alzheimer and related dementia.